	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-Aug 9-Sep 7-Oct 4-Nov 2-Dec 20-Jan 17-Feb 17-Mar 14-Apr 12-May	Cheeseburgers on whole grain bun Chicken patty on whole grain bun Corn on the cob Fries Lettuce, tomato, onion, pickles Applesauce Fresh fruit	Papa John pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh fruit	Chicken round ups Cowboy steak w/ gravy Cornbread Broccoli w/cheese Roasted butternut squash Pineapple Fresh fruit	Asian chicken w/ eggroll Grilled cheese Rice pilaf Baby carrots w/ ranch Midori blend vegetables Peaches Fresh fruit	BBQ on whole grain bun Cheese quesadilla Northern beans Roasted herbed zucchini Mandarin Oranges Fresh fruit
19-Aug 16-Sep 14-Oct 11-Nov 9-Dec 27-Jan 24-Feb 24-Mar 21-Apr 19-May	Pork BBQ Riblets Chicken tenders Mac/cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Baby carrots w/ranch Mix. Fruit Fresh fruit	Papa John pizza, whole grain Sub-sandwich on wg bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh fruit	Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed potato Spinachsalad Pickled beets Pears Fresh fruit	Hot dog on whole grain bun Fish patty on whole grain bun Sweet potato criss cut Pinto beans Sour kraut, Peaches Fresh fruit	Nacho-Grande, whole grain Cheese Sticks Refried beans, Black bean salsa Sour cream, taco sauce Lettuce, tomato Juice cup Fresh fruit
26-Aug 23-Sep 21-Oct 18-Nov 16-Dec 6-Jan 3-Feb 3-Mar 1-Apr 5-May	Baked beans Hash brown sticks Applesauce Fresh fruit	Papa John pizza, whole grain Turkey/cheese on whole grain bun Spinach salad w/mandarin Orange Corn Baked apples Fresh fruit	Popcorn chicken Fish nuggets Mashed potato Green beans Pineapple Fresh fruit	Chili w/cheese Vegetarian soup w/soup Crackers Sweet potato fries Raw veggie cup w/ranch Juice cup Fresh fruit	Chicken patty on bun, wg Cheese quesadilla Glazed carrots Vegetable blend Salsa, sourcream Mandarin oranges
2-Sep 30-Sep 28-Oct 25-Nov 13-Jan 10-Feb 10-Mar 7-Apr 5-May	Hot dog on whole grain bun Grilled cheese, whole grain Sweet potato fries Baked beans Cucumber/apple salad Pineapple Fresh fruit	Papa John pizza, whole grain BBQ rib patty on bun, whole grain Garden salad w/ Cucumber, tomato, carrots Corn Pears Fresh fruit	Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed potato Green beans Mandarin oranges Fresh fruit	Ham/cheese on bun, wg Cheese sticks w/ sauce Glazed carrots Tossed salad Mix. Fruit Fresh fruit	Nacho-Grande, whole grain Soft Chicken Taco Refried beans, Black bean salsa Sour cream, taco sauce lettuce, tomato Juice cup Fresh fruit

A LUNCH MEAL CONSISTS OF 3-5 CHOICES OF THE FOLLOWING: MEAT, FRUIT, BREAD, VEGETABLES, MILK